

**Watertown Commission on Aging**

**Meeting Minutes**

**Wednesday, January 5, 2011**

**3:30 P.M. at Watertown City Hall**

**Voting Members Present:** Jim Sandquist, Mike Hagerty, Abbie McDonald, Jerry Johnson, Heidi Hoks

**Others:** Earline King, Corrine Allen (new Elim Administrator), Katy Boone

1. Minutes for December 5, 2010 approved. (Earline motion, 2<sup>nd</sup> by Mike, passed)
2. Treasurer's Report – \$600 donations from the Legion and the Lions. \$2,000 allotment from City Council for 2011. The invoice from Elim for Holiday Dinner will be approximately \$1,200.
3. Holiday Dinner:
  - There were some duplicate names on the reservation list.
  - Have a wheel chair on hand.
  - Fewer chairs at each table would make it easier to get in and out.
  - Should we do other fundraising during the year to support the dinner?
  - Can we serve peas (or some other vegetable) next year?
  - The Jazz Band was plenty of entertainment along with the carols.
4. Brief update on Downtown Redevelopment project and Universal Design Project. Would like more information at next month's meeting.
5. Discussion of the Generation Ageless book at the February 2<sup>nd</sup> meeting. Discussion questions were distributed. (Attached)
6. Nominations for 2011 Officers. Mike for Chair and Earline for Vice Chair. No other nominations. Unanimous vote for Mike and Earline.
7. Abbie will apply to represent Woodland Township on the Commission. Heidi will continue for another term. Corrine and Earline will complete application forms and return to Jim for processing.
8. All Commission members should review the Bylaws for discussion and approval at the February meeting.
9. Thank you messages: Jim sent to Legion and Lions. Abbie thanked the Superintendent, the Jazz Band and the FFA.

- 10. Brief discussion of the Transform 2010 survey report.**
- 11. Heidi discussed the Golden Age of Radio event on February 4<sup>th</sup> at 7:00 PM at the Waconia High School. Posters can be sent to the Senior Buildings and transportation arranged through Smart Link.**
- 12. Meeting adjourned at 4:30 P.M. (Motion by Abbie, 2<sup>nd</sup> by Earline, passed)**

GENERATION AGELESS:  
HOW BABY BOOMERS ARE CHANGING THE WAY WE LIVE  
TODAY ...  
AND THEY'RE JUST GETTING STARTED

**Questions for Discussion**

1. What were your beliefs/perceptions about the Boomer generation before you read this book?
2. Did your view change as a result of reading the book? If so, how?
3. What was the most surprising thing that you learned from this book?
4. How do you think your current "situation in life" (age, employment status, family, etc.) impacted how you read and interpreted the book?
5. How do you think things have changed for Boomers since this book was written in 2007?
6. How do you think the Boomers and their issues will impact your life? Your workplace? Your family? Your city?
7. Do you believe that Boomers are in denial about aging or do they see a different model for aging than their parents? Do they have a fresh approach of continuing to matter in old age?
8. How important do you think the language of aging is to Boomers? What are alternative ways to describe "what aging is not" for Boomers?
9. How do you believe Boomer demand in the marketplace has been manifested most prominently in your milieu (situation,

circumstances and setting)? What products and services have you seen developed to meet Boomer demand?

10. Will Boomers be less demanding of freebies and entitlements, and believe that to have their say and to be a player, they need to contribute and pay their way?
11. Do you think retirement for Boomers will be defined as continuing active engagement rather than leisure followed by deceleration and withdrawal, as it may have been for some of their parents?
12. What do you think will be the impact of more Boomer workers employed beyond traditional retirement ages?
13. Have Boomers begun to define new ways to (re)connect, substituting the coffee shop, dog park, book club and community center for the traditional senior center?
14. Do you agree that planners should focus on the near-term issues for Boomers, such as empty nesters and second careers, rather than retirement and nursing home beds?
15. Will Boomers focus more time on their grandchildren and families because they had other priorities for their time when their own children were young?
16. What are examples where Boomers will campaign for an improved community that will benefit others as well as themselves?
17. What is your most important “takeaway” from the book?